

# **Cardiovascular Effects of ErbB<sub>2</sub> & VEGF/ R Inhibitors**

## **NZW 2008**

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# Objectives

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- Describe the **cardiovascular** effects of the ErbB2 (HER-2) and VEGF/R inhibitors
- Identify **risk factors** associated with the development of cancer treatment related cardiovascular disease (CVD)
- Provide patient specific **guidelines** for the monitoring and treatment of cancer therapy induced CVD

# HER Family of Receptors

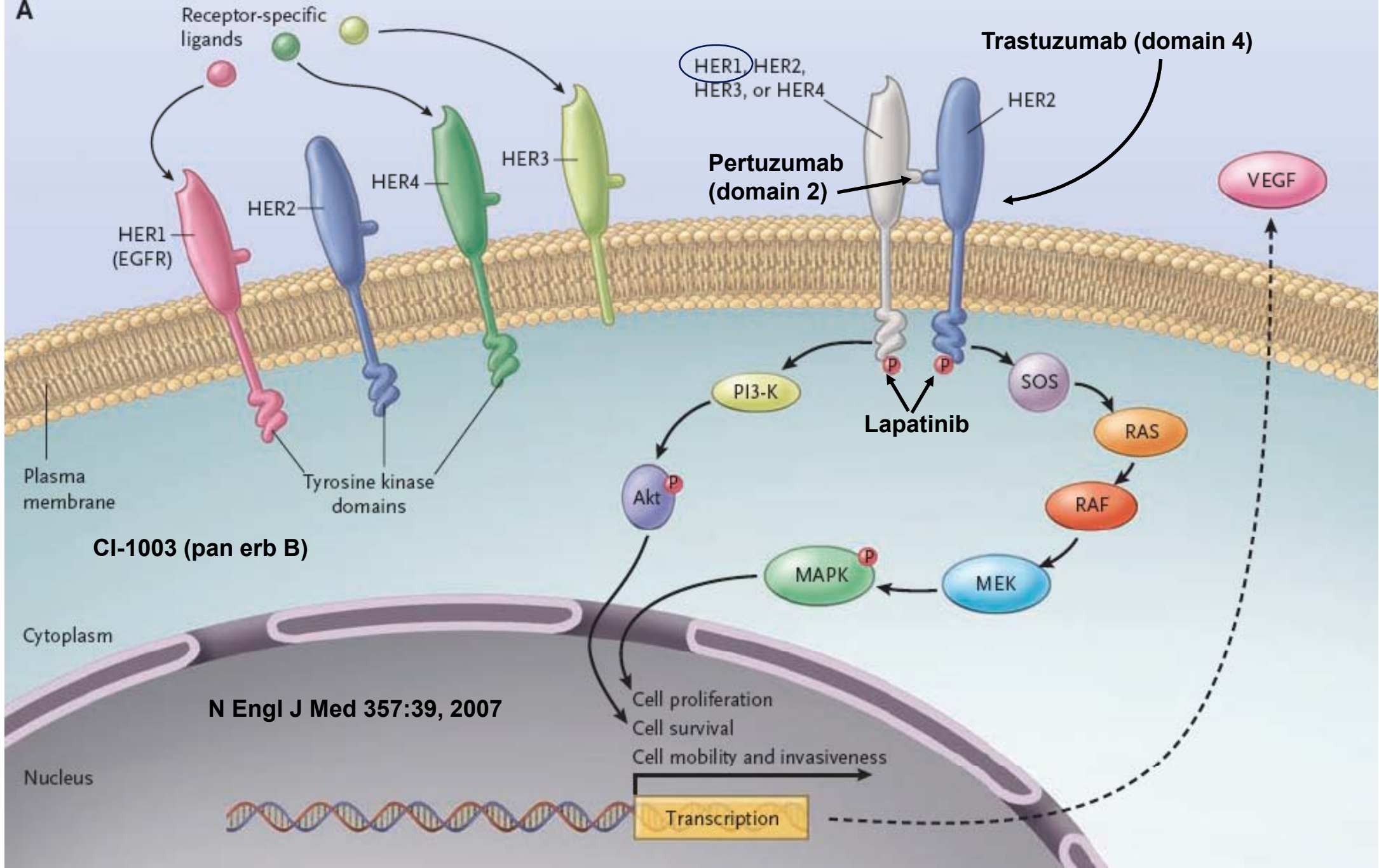
QuickTime™ and a  
TIFF (Uncompressed) decompressor  
are needed to see this picture.

# HER2 (HER2/neu or erbB<sub>2</sub>) Receptor (4 domains)

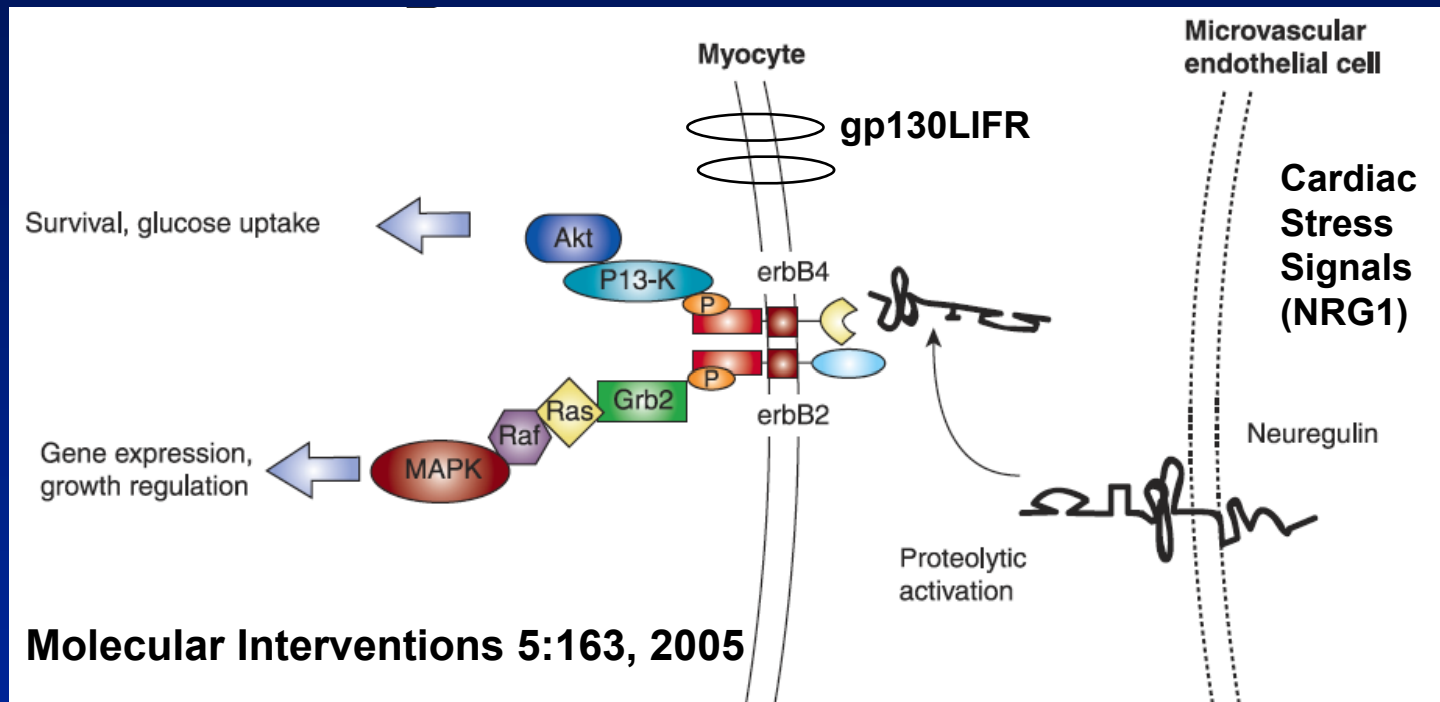
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- **Homo/Hetero** - dimerization with HER family
- Dimerization in **absent** of ligand
- Prolongs/Enchanges **activation** of signal transduction pathways: PIK<sub>3</sub>/AKT; RAS/RAF
- Overexpressed (IHC) / Amplified (FISH) in **25%** breast cancer
- Correlates with **poor** prognosis
- Trastuzumab (adjuvant/metastatic) & Lapatinib + Capecitabine (Metastatic) FDA approved.  
Pertuzumab (Omnitarg) & CI-1033 Investigational

A



# ErbB 2 and Cardiac Function



- ErbB2 essential for cardiac **development** (Nature 378:294, 1995)
- ErbB2 essential for **maintenance** of cardiac structure and function (Nat Med 8:459, 2002 & Proc. Natl Acad Sci 99:8880, 2002)

# Characterization of Cardiac Dysfunction

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**Asymptomatic**, decreased left ventricular ejection fraction (LVEF)

- Declines in **LVEF of  $\geq 10\%$**  from baseline

**Symptomatic** congestive heart failure (CHF)

- New York Heart Association (NYHA) Class III or IV

<u>Class</u>	<u>Definition (Patients with Cardiac Disease)</u>
1	Asymptomatic with ordinary activity
2	Symptomatic* with ordinary activity
3	Symptomatic with < ordinary activity
4	Symptomatic at rest

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\*(fatigue, palpitations, dyspnea, angina)

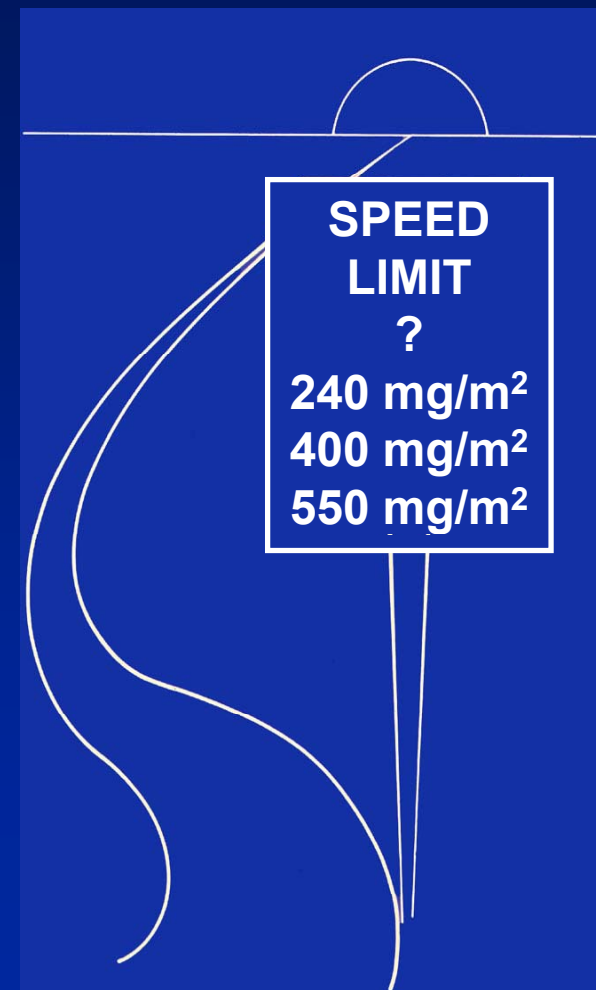
# Anthracycline's Associated Cardiotoxicity

- **Acute** EKG changes - PVCs, ST-Twave changes (usually transient)
- **Chronic** - CHF (cumulative & dose related)
  - Ultrastructural changes on myocardial biopsy (Type I) JCO 23:2900, 2005

## **Total dose Doxorubicin** (incidence)

240 mg/m<sup>2</sup> (3%); 400 mg/m<sup>2</sup> (5%); 550 mg/m<sup>2</sup> (26%); 700 mg/m<sup>2</sup> (48%) Cancer 97:2869, 2003; JCO 20:1215, 2002

- Other **risk** factors (age, mediastinal radiation [250 mg/m<sup>2</sup> = 500 mg/m<sup>2</sup>]), preexisting cardiac disease, concurrent cytotoxics/biologics, schedule (Contin infusion/weekly < IV bolus Q 3 wks) Leukemia/Lymphoma 47:1599, 2006
- Dexrazoxane cumulative anthracycline dose of >300 mg/m<sup>2</sup> (JCO 17:333, 1999)



# Good News

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- Doxorubicin induced cardiomyopathy (CMP) previously associated with poor prognosis

## Doxorubicin-induced CMP (n=19)

	<u>Baseline</u>	<u>Treatment*</u>
NYHA	Class 3/4 76%	↓ Class 1 (53%) E2
LVEF	↓ 26 ± 9%	↑ 35 ± 17%

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\*(ACE inhibitors + Beta blockers)  
J Heart Lung Transplant 24:2196, 2005

# Adjuvant Trastuzumab Cardiotoxicity

## NSABP B-31

Asymptomatic  $\downarrow$  LVEF  $\geq$  10%

%CHF (NYHA 3/4) JCO 23:7811, 2005

AC  $\rightarrow$  P

17%

0.8%

AC  $\rightarrow$  PH

34%

3.9%

## BCIRG (SABC, 2006)

Asymptomatic  $\downarrow$  LVEF  $\geq$  10%

% CHF (NYHA 3/4)

AC  $\rightarrow$  D

10%

0.3%

AC  $\rightarrow$  DH

18%

1.9%

DCH

8.6%

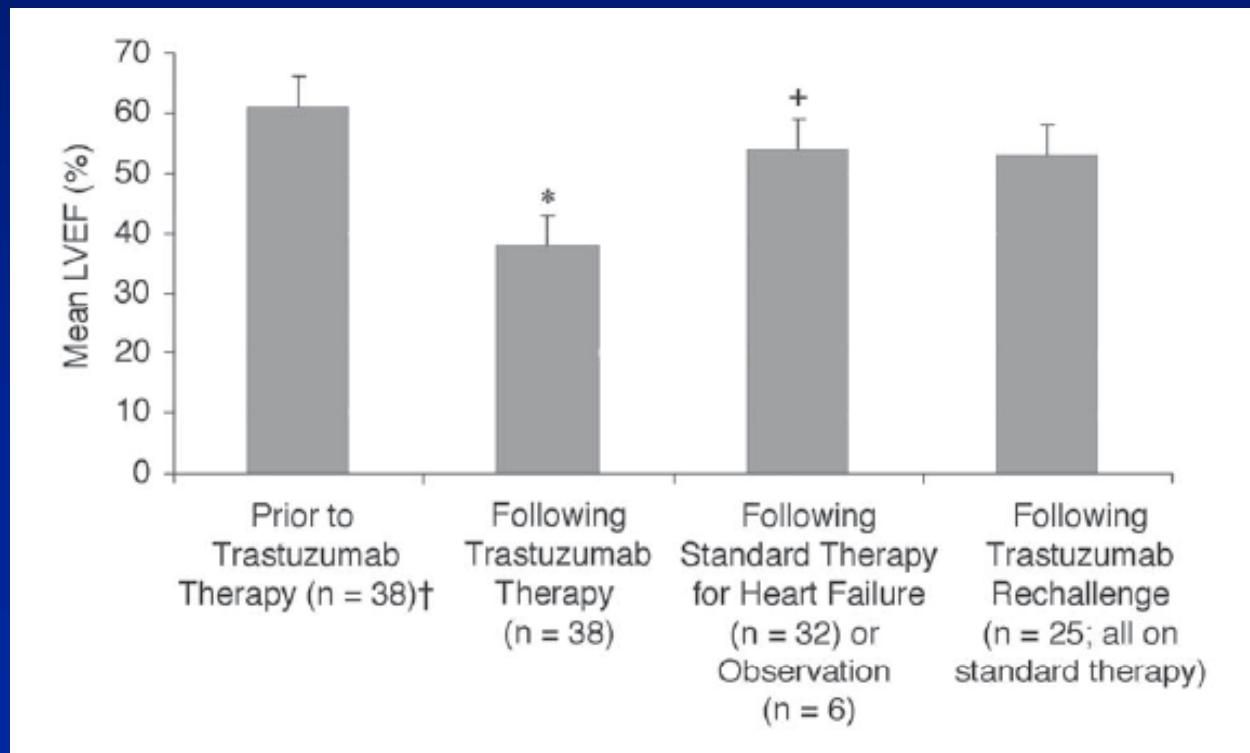
0.3%

## BETH Study

Chemotherapy + H +/- Bevacizumab (Benefit of anthracycline **confined** to HER2 + with **Topo2 co-amplification**)

# Better News - Reversibility of Trastuzumab Cardiotoxicity

- **Type II** myocardial dysfunction - no ultra structural abnormalities. JCO 23:2900, 2005
- Changes in LVEF from baseline to **re-treatment** with trastuzumab



JCO 23:7820, 2005

# Assessment & Medical Management

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- **Risk** factors: (Cumulative dose, hypertension, CAD, schedule of administration)
- Cardiac **monitoring**: echocardiography/radionuclide ventriculography (Doppler echo, troponin I & T, B-type natriuretic peptide) no prospective trials (J Nucl Cardiol 13:415, 2006)
- **Beta-blockers** and **angiotension-converting enzyme (ACE) inhibitors** (ACC/AHA 2005 guideline update for the diagnosis and management of chronic heart failure in the adult) Circulation 112:154, 2005

# Recommendation (Stage A & B) - At Risk

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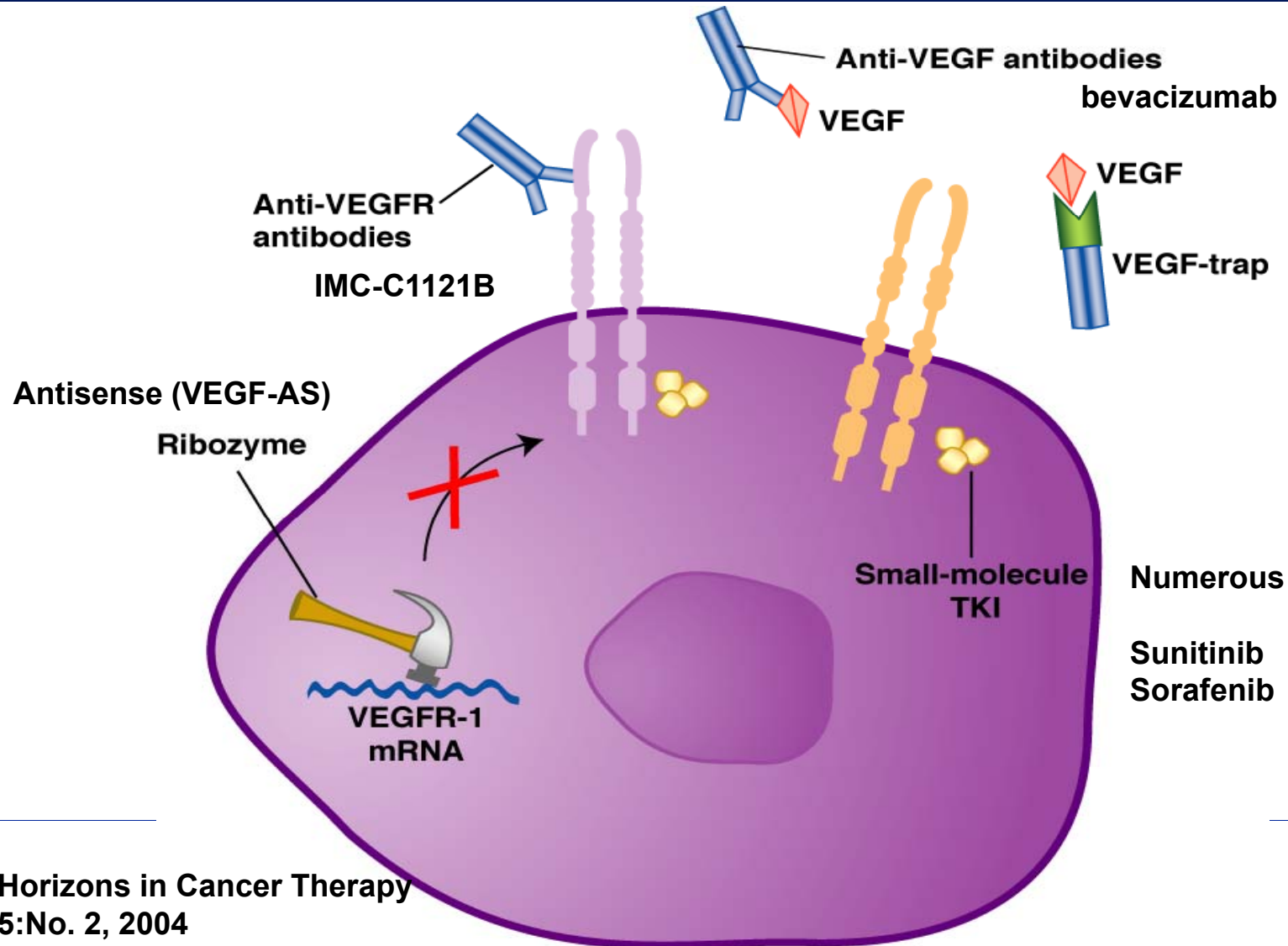
- I. **Stage A** (Asymptomatic, No S&S, or structural disease) patients at risk (hypertension, DM, metabolic syndrome, cardiotoxins)
  - ACE inhibitors (ACEIs) or Angiotension Receptor Blockers (ARB) - intolerant to ACEIs (Level of **Evidence:A**)
- II. **Stage B** (Asymptomatic (**NYHA Class I**) Left Ventricular Systolic Dysfunction)
  - **ACEIs** in patients with a reduced LVEF ( $\leq 40\%$ ) & no symptoms of HF (level of Evidence:A)
  - **$\beta$  blockers** in all patients who have a reduced LVEF ( $\leq 40\%$ ) (Level of Evidence:C)
  - ACEIs &  $\beta$  blockers in all patients with a recent or remote **HX** of MI regardless of HF (Level of Evidence:A)

# Medications for Treatment of Various Stage of Heart Failure

Drug Class	Stage A	Stage B (NYHA Class I)	Stage C (NYHA Class II/III)	Metabolism (CYP)
<b>ACE Inhibitors</b>				
Captopril (Capoten)	H, DN	Post MI	HF	2D6/renal
Enalapril (Vasotec)	H, DN	↓ LVSD	HF	3A4/renal
Lisinopril (Zestril/Primivil)	H, DN	Post MI	HF	None/renal
<b>Angiotension Receptor Blockers</b>				
Valsartan (Diovan)	H, DN	Post MI	HF	None
Candesartan (Atacand)	H	--	HF	None
<b>β-blockers</b>				
Atenolol (Tenormin)	H	Post MI	--	None/renal
Bisoprolol (Zebeta)	H	--	HF	3A4 (major) 2D6 (minor) renal
Carvedilol (Coreg)	H	Post MI	HF	2C9 (major) 2D6 (major)
Metoprolol (Toprol XL) Succinate	H	--	HF	2D6 (major) Inhibits 2D6 (weak)

H-Hypertension; DN-diabetic nephropathy; HF-Heart failure

# Approaches to Modulating VEGF (R)



**What was the incidence of Grade 3\*/4 hypertension for bevacizumab in the ECOG 4599 FDA registration trial?**

1. 0.7%
2. 2%
3. 8%
4. 17%

**\*Grade 3 Systolic  $\geq$ 180 mm Hg/Diastolic  $\geq$ 105 mmHg**

## Answer (3)

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1. 0.7% (Paclitaxel/Carboplatin)
2. 2%
3. **8% (Paclitaxel/Carboplatin + bevacizumab)**
4. 17%

[www.FDA.Gov/cder/foi/label/2006/125085s085lbl.pdf](http://www.FDA.Gov/cder/foi/label/2006/125085s085lbl.pdf)

“Hypertension with VEGF inhibitors is an emerging toxicity that Oncology Physicians, Nurses & Pharmacists must be **comfortable** in managing” (JCO 25:2993, 2007)

## Incidence of Antiangiogenic Drug-Related Adverse Events\*

Bevacizumab <sup>†</sup>	Sunitinib	Sorafenib
Hypertension (8%)	28% Hypertension (6%)	17% Hypertension (3%)
Diarrhea (25%)	40% Diarrhea (4%)	43% Diarrhea (2%)
17% Proteinuria (2%)	53% Neutropenia (10%)	18% Neutropenia (5%)
Bleeding (3%)	38% Thrombocytopenia (5%)	12% Thrombocytopenia (1%)
DVTs (9%)	22% Asthenia (5%)	31% Fatigue (5%)
2% GI Perforation	14% Hand-foot skin rxn (4%)	30% Hand-foot- skin rxn (6%)
Hemoptysis (31% squamous; 4% adeno)	14 % Rash (1%)	40% Rash (1%)

\*(Grade 3/4 compared to placebo) MicroMedex  
JCO 25:2993, 2007

•ECOG 4599

<sup>†</sup>incidence dose dependent

# Angiogenesis Inhibitors (AI): Hypertension Monitoring & Management

NCI Grade	Bp Monitoring	Antihypertensive RX
<b>Grade 1</b> <140 mmHg Systolic <90 mmHg Diastolic	<ul style="list-style-type: none"> <li>Standard</li> </ul> <b>(JNC7-JAMA 289:2560, 2003)</b>	<ul style="list-style-type: none"> <li>None</li> <li>Consider Diuretic (Chlorthalidone) Hypertension 47:352, 2006</li> </ul>
<b>Grade 2 - Mild</b> 140-149 Systolic 90-99 Diastolic	<ul style="list-style-type: none"> <li>Increase frequency until stabilized</li> </ul>	<ul style="list-style-type: none"> <li>Increase (max dose) of existing Meds <b>or</b></li> <li>Initiate BB <b>or</b></li> <li>Initiate DHP-CCB</li> </ul>
<b>Persistent Moderate*</b> 150-179 Systolic 100-105 Diastolic	<ul style="list-style-type: none"> <li>Increase frequency until stabilized (eq. q48 hrs)</li> <li><b>Supervised by Healthcare professional</b></li> </ul>	<ul style="list-style-type: none"> <li>Initiate BB <b>or</b></li> <li>Initiate DHP-CCB</li> <li>ACEI &amp;/or ARB <b>OR</b></li> <li>Vasodilator &amp;/or</li> <li>Increase (max dose of existing Meds)</li> </ul>
<p><b>*Dose modifications:</b> Partial or no control for 24-48 hrs, hold agent(s)            Add additional drugs (max dose) until hypertension controlled            Consider dose reduction of AI (monitor for hypotension)</p>		

# Angiogenesis Inhibitors (AI): Hypertension Monitoring & Management (Cont.)

NCI Grade	Bp Monitoring	Antihypertensive RX	AI Dose Modification
<b>Grade 3 - Severe</b> ≥180 mmHg Systolic ≥105 mmHg Diastolic	<ul style="list-style-type: none"> <li>• Every 48 hrs until stabilized</li> <li>• <b>Supervised</b> by healthcare professional</li> </ul>	<ul style="list-style-type: none"> <li>• 2 drug combination (DHP-CCB plus _____)</li> <li>• Dose escalated to max dose</li> <li>• Partial or no BP control, add additional agents</li> </ul>	<ul style="list-style-type: none"> <li>• Hold agent(s)</li> <li>• Bp Mild range, restart AI lower dose level</li> <li>• Partial or no Control reduce AI dose <u>another</u> level or DC AI</li> </ul>
<b>Grade 4 Hypertensive Crisis</b>	<ul style="list-style-type: none"> <li>• Hospitalize for management</li> </ul>	<ul style="list-style-type: none"> <li>• Optimal support in ICU</li> </ul>	<ul style="list-style-type: none"> <li>• DC AI</li> <li>• Monitor for hypotension</li> </ul>

(BB) Selective Beta Blockers (DHP-CCB) Dihydropyridine Calcium-Channel Blockers  
 (ACEI) Angiotension Converting Enzyme Inhibitor (ARB) Angiotension II Receptor Blockers  
 †AZD2171 - 3 patients **hypertensive crisis** (JCO 25:3045, 2007)

# Footnotes

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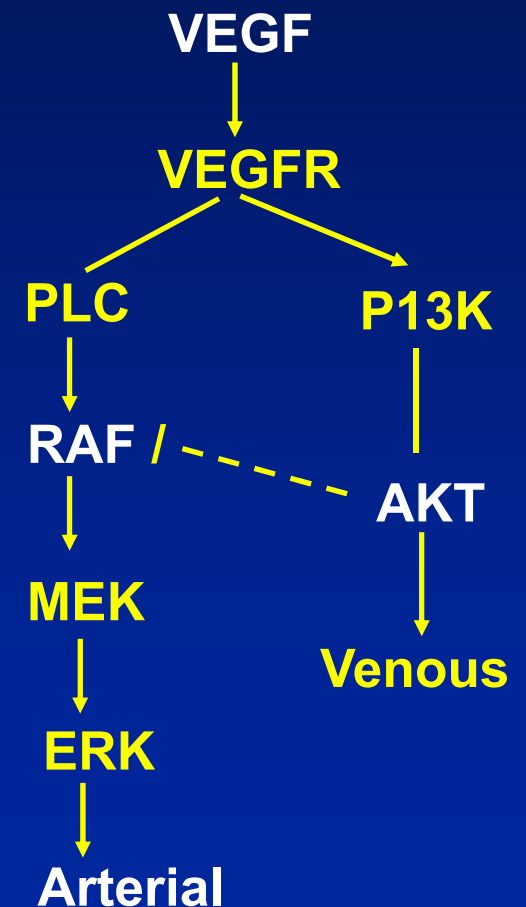
- **Calcium** antagonists &  $\alpha$ -blockers are **less** effective in preventing heart failure
- ACEIs and  $\beta$ -blockers, as single therapies are **not superior** to other antihypertensive drug classes in reduction of all cardiovascular outcomes

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ACC/AHA 2005 Guideline: Circulation 112:154, 2005

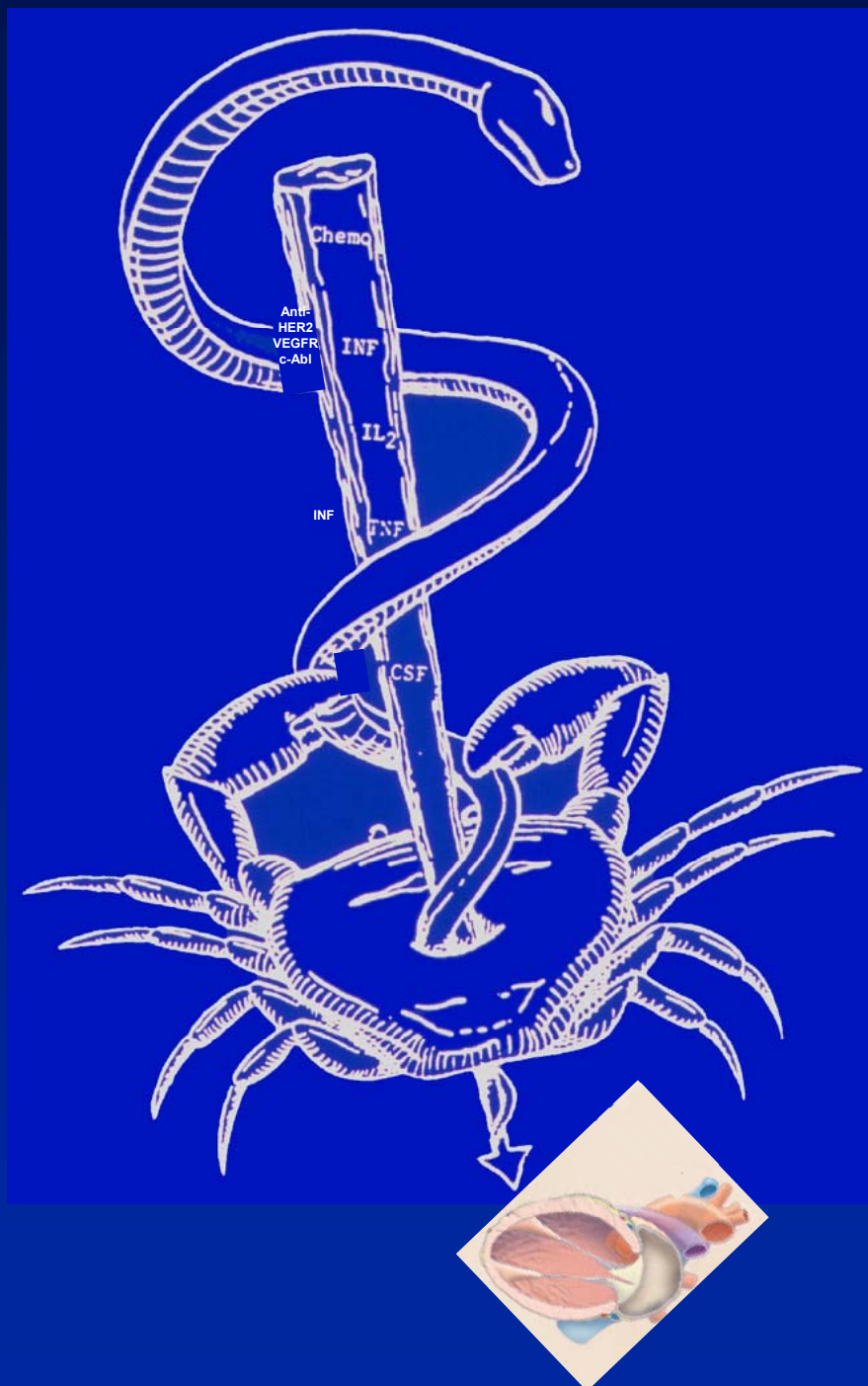
# Clinical Pearls

- **Heart Failure** induced by **Non-Cardiac Drugs** (eg. Glitazones, NSAIDs)  
Drug Safety 29:567, 2006
- Rosiglitazone (Avandia®), insulin sensitizer, decreases **VEGF**-endothelial cell migration  
(Life Sciences 78:1520, 2006) Black Box
- Artery/Vein **differentiation** governed by opposing P13K and MAPK/ERK signaling
- **Aldosterone** reduces mRNA levels of VEGFR2 & phosphorylation of Akt  
(Hypertension 48:490, 2006)
  - Spironolactone augments cisplatin **nephrotoxicity** (Food Chem Tox 44:1173, 2006)



Current Biol 16:1366, 2006

**THANK**



**YOU**

**NEJM 354:789, 2006**